



September 2014

- House marinated olives €3
- Risotto of Organic Pumpkin, Pattypan and Roasted Courgette, Knockalara Sheep's Cheese and Sage Butter €10.95
- Warm Salad of Marinated Pork Belly, Crisp Veg, Spring Onion, Coriander and Szechuan Dressing €11.95
- Local Caprese Salad with Knockalara Sheep's Feta, Organic Tomatoes, Basil, Olive Oil and Maldon Sea Salt and Sourdough Toast € 9.95
- Mezze Slate with Hummus, Spiced Knockalara Sheeps Quark, Aubergine Puree, Seeded Pesto With Orange Zest, Marinated Olives & Roasted Peppers €9.50
- Braised Beef Cheek Stew with Parsnip, Pumpkin, Flat Parsley and an Olive Oil Mash €13.95
- Pan Fried Fish of The Day With Sautéed Organic Greens, Brown Basmati Rice and a Cherry Tomato and Courgette Salsa € Market Price
- Ballyhoura Wild Mushrooms Sautéed with Tarragon Butter, Cream And Parmesan On Sourdough Toast With Organic Leaves €9.95
- Free Range Egg Omelette with Baby Potato, Spinach, Coolea Cheese and Thyme €9.50
- Flat mushroom , brown bread and seed dumpling with a chard and parsnip and a creamy sauce €9.50

Sides €3.50 - Hand Cut Chips With Rosemary Salt - Sweet Potato Chips ,

- Organic Salad

- Seasonal Greens

- Herbed Crushed Potato

Selection Of Cakes, Truffles And Small Bites At The Counter

.....We Accept Cash Only, Apologies For Any Inconvenience Caused